



Apply First Aid (First Aid Level 2)

Nationally Recognised Unit Code & Title: HLTFA301C Apply First Aid

Application and Relevance

This course applies to a wide range of settings where first aid emergencies may occur. It is relevant for people working in education, aged and community care, sport, outdoor recreation, travel & tourism, hospitality, industry enterprises as well as in home or other environments.

Duration

14 hours (2 days) for total face-to-face program.

Course Content

This course provides the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders until the arrival of medical or other assistance. It incorporates the contents of HLT CPR201B Perform CPR and HLTFA201B Provide basic emergency life support. Topics include:

- + Assessing an emergency situation
- + Airway and breathing management
- + Cardiopulmonary Resuscitation techniques (CPR)
- + First Aid management of the unconscious casualty
- + Management of heart conditions
- + Infection control and First Aid for minor wounds
- + Allergic reactions and asthma
- + Control of external bleeding and shock
- + Management of near drowning
- + Hyperthermia and hypothermia
- + Burns and electric shock
- + Eye and soft tissue injuries
- + Venomous bites and stings
- + Fractures and spinal injuries
- + Head, chest and abdominal injuries
- + Assessment and movement of the sick and injured
- + Recording vital signs
- + Communicating details of an incident
- + Debriefing and evaluation of response to critical incidents

Prerequisites

There are no prerequisite units. Participants should have numeracy and literacy skills equivalent to level 2 of the National Reporting System.

Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.



Course Overview



NATIONALLY RECOGNISED
TRAINING