



Basic Emergency Life Support (First Aid Level 1)



Nationally Recognised Unit Code & Title:
HLTFA201B Provide basic emergency life support.

Application and Relevance

This course applies to a wide range of settings where life-threatening emergencies may occur. It is relevant for people working in education, aged and community care, sport, travel & tourism, hospitality, industry enterprises as well as in home or other environments.

Duration

6 hours classroom training and assessment OR
4 hours classroom training with online workbook.

Course Content

This course provides the skills and knowledge required to recognise and respond to life-threatening emergencies using basic life support measures. It includes:

- + Introduction to first aid principles
- + Assessing an emergency situation
- + Airway and breathing management
- + Cardiopulmonary Resuscitation techniques (CPR)
- + Infection control and First Aid for minor wounds
- + Allergic reactions and asthma
- + Control of external bleeding
- + Communicating details of an incident
- + Debriefing and evaluation of response to critical incidents

Prerequisites

There are no prerequisite units. Participants should have numeracy and literacy skills equivalent to level 2 of the National Reporting System.

Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

Course Overview



NATIONALLY RECOGNISED
TRAINING