

## PROVIDE CPR

Nationally Recognised Unit Code and Title: HLTAID001 Provide cardiopulmonary resuscitation

### Application and Relevance

This course applies to a wide range of settings where emergencies involving cardiac arrest may occur. It is relevant for people working in education, aged and community care, sport, travel and tourism, hospitality, industry enterprises and other workplace and community settings.

### Prerequisites

There are no prerequisite units for this course.

### Entry Requirements

Participants are required to have:

- reasonable level of verbal and written skills
- the ability to demonstrated two minutes of CPR on the floor.

### Mode of Delivery and Duration

Classroom training and assessment over 3 hours

### Dress and Equipment Requirements

Learners are to attend the course in comfortable non-offensive clothing. All equipment and resources to complete the course will be supplied.

### Course Content

This course provides the skills and knowledge to be able to handle cardiac emergency situations.

It includes:

- Introduction to first aid principles
- Assessing a cardiac emergency situation
- Airway and breathing management
- Performing chest compressions
- Administering rescue breaths
- Resuscitation techniques
- Using a defibrillator (AED)

### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

### Award Issued

Victorian First Aid Services and Training is responsible for the quality of training and assessment and, the issuance of the AQTF certificates.



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